



**CHILDREN'S ACADEMY, GHAZIABAD  
SESSION 2025-26**

**SUMMER HOLIDAY HOMEWORK  
CLASS III**

***Sustainable Development Goals : 3  
Good Health and Well-being***

**THEME  
WE BEFORE ME**



## A Message from the Vice Principal

Dear Students,

Summer vacation is a wonderful time to relax, try new things, and enjoy learning in fun ways — even outside the classroom!

This year, your holiday homework is based on a very special theme — “We Before Me.”

It’s a reminder that working together, helping others, and thinking about the people around us is just as important as caring for ourselves.

Through this assignment, you’ll get a chance to explore what it means to be kind, to share, and to be a helpful member of your family, class, and community.

I’m looking forward to seeing your thoughtful efforts and creative work that show how “we” is always stronger than “me.”

Wishing you a joyful and enriching summer!

## INSTRUCTIONS FOR HOLIDAY HOMEWORK

- *Do not get the holiday homework done by anyone else.*
- *Parents must act as guides and facilitators but not substitutes to do the work. It must be the effort of the child.*
- *The use of internet for doing the tasks should be strictly under the supervision of parents.*
- *Prepare an A4 file folder and arrange your homework in it.*
- *The homework must be done systematically as per the given instructions on A4 size sheet.*
- *All A4 sheets should be neatly labelled and the name, class, section of the child should be mentioned clearly.*
- *The last date of submission of holiday homework is July 4, 2025.*
- *Homework will be assessed for neatness, presentation, creativity and timely submission.*
- *Revise the syllabus covered so far in all the subjects.*



**Let's work together, side by side—keep our world healthy with love and pride.**

## **WHAT YOU CAN DO**

**Let's be kind in all we do,  
Helping others—me and you.  
Share a smile, lend a hand,  
Together strong, we proudly stand.  
When someone's sad, be near and say,  
"I'm here for you—let's play today!"  
Clean the classroom, clear your space,  
Working as a team brings grace.  
Take turns, be fair, and always care,  
There's more to give when we all share.  
Helping one makes many smile—  
Let's walk together every mile!  
With hearts so big and hands so free,  
Let's choose we before just me!**



# THEME:

## We Before Me

This summer, our theme is 'We Before Me.' That means we think about others before us and work together. We will learn how to stay healthy and help others be healthy too, which connects to **SDG 3 – Good Health and Well-being**. When we all care and take action together, we make our home, school and world a better place for everyone.

### EMPOWERING ENGLISH

#### EXPLORING THROUGH CONVERSATION

Talk to your parents and ask them how they take care of their parents (your grandparents). This will help you learn how families support and care for each other.

##### 👉 Guidelines:

- Think of 4 simple questions to ask your parents. Example questions:
  - How do you help your parents (grandparents) stay healthy?
  - What do you do when they feel unwell?
  - Do you talk to them every day?
  - What makes them happy?
- Write your questions on a sheet of paper.
- Interview your parents – ask them the questions and listen carefully.
- Record the interview using a phone.
- Send the recording to your class teacher on WhatsApp after labelling the file as - Name\_3A\_English (Example: Shivam\_3A\_English)
- Be polite, speak clearly, and enjoy learning about how your family shows care and love!





# HARSHATI हिंदी

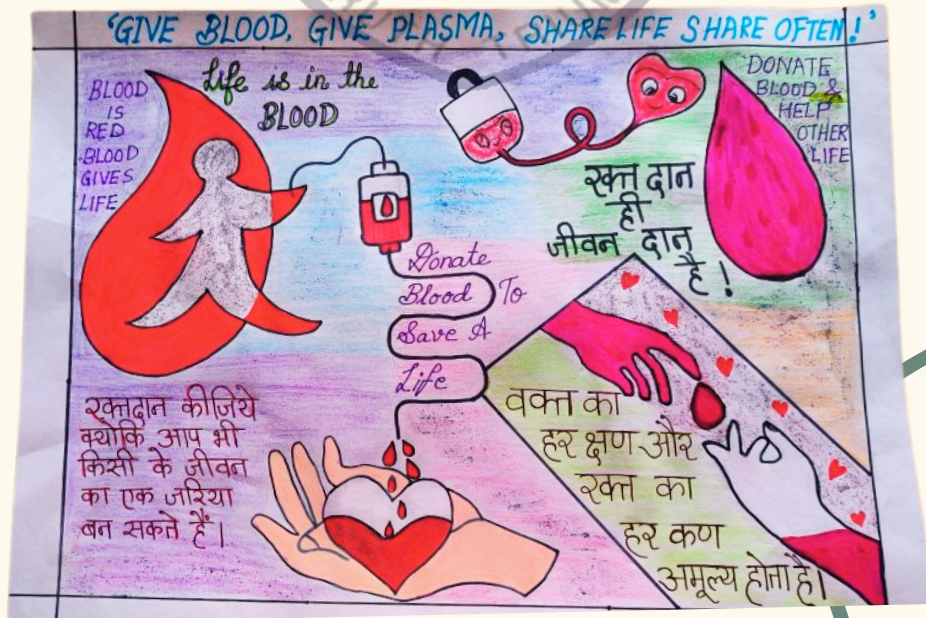
## रक्तदान महादान

मान लीजिए कि आपके पड़ोसी को अचानक खून की अत्यधिक आवश्यकता हो गई है। इस परिस्थिति में आप लोगों को रक्तदान के लिए प्रेरित करना चाहते हैं कि वे आगे आकर रक्तदान करें और किसी की जान बचाएं।

### निर्देश:

- एक रंगीन और आकर्षक पोस्टर बनाइए जिसमें लोग रक्तदान करते हुए दिखाई दें।
- पोस्टर पर एक प्रेरणादायक नारा (स्लोगन) जरूर लिखें।
- रक्तदान क्यों जरूरी है - इस पर 3 से 4 पंक्तियाँ हिंदी में लिखें।
- चित्र साफ़ और संदेश स्पष्ट होना चाहिए, ताकि सभी को समझ में आए।

### सन्दर्भ के लिए:



# MAGNETIC MATHS

## MAKING FRIENDS, MAKING MEMORIES

Ask your parents to take you to nearby child care home or shelter home. Carry some sweets or toys to share with the children there. Greet the children warmly, interact with them with love and care.

### Guidelines:

- Talk to them about their daily routine like:
- What time do they wake up?
- When do they go to bed?
- What activities do they do during the day?
- Take a picture (with permission) of your visit while interacting or playing with the children.
- On an A4 sheet, do the following:
  - Draft a timetable of their daily routine.
  - Compare their routine with your own.
  - Write a few lines explaining how their day is different from yours.
  - Paste 1 photo from your visit.
  - Bring the A4 sheet to school on the submission date.

### REFERENCE IMAGE:



SUMMER SCHEDULE	
7-8:30	WAKE UP & HAVE BREAKFAST
8:30-9	GET DRESSED
9-10	CHORES (CLEAN UP BREAKFAST, TIDY UP ROOMS, DAY'S CHORES)
10-11	FREE TIME
11-3	LUNCH / OUTSIDE TIME / SUMMER ACTIVITY
3-5	QUIET TIME / CLEAN UP
5-6	DINNERTIME
6-8	OUTSIDE TIME / FREE TIME
8-8:30	SHOWERS
8:30-9	BEDTIME
DAILY CHORES	
MONDAY	LAUNDRY / TRASH
TUESDAY	VACUUM / DUSTING
WEDNESDAY	KITCHEN
THURSDAY	BATHROOMS / TRASH
FRIDAY	LAUNDRY

# SPECTACULAR SCIENCE

## FEEDING FRIENDS WITH WINGS

Animals cannot speak or ask for help, but they still need our care—especially in summer when food and water are hard to find. The activity, making bird feeder helps us understand the importance of helping birds and being kind to all living beings.

### Guidelines:

- Use recycled materials like a plastic bottle, milk carton or paper cup.
- Fill it with bird-friendly food like grains, rice, or seeds.
- Hang it in your balcony, window, garden, or terrace with adult supervision.
- Observe and Care:
- Keep checking the feeder every day.
- Refill it when needed.
- Observe if any birds come—try to note their color or size.
- Click 1–2 pictures of the bird feeder and you while placing or refilling it.
- Paste them on an A4 sheet and write about:
  - What material did you use to make the feeder?
  - How did you feel when you saw birds eating grains from your feeder?
  - Why birds need our help in summer?
  - How this activity connects to the theme “We Before Me?”

### REFERENCE IMAGE:





# SASSY SOCIAL SCIENCE

## REAL LIFE KINDNESS

Simple acts of kindness like sharing, helping the elderly, or thanking helpers teach what it means to be a kind and responsible citizen. Perform any one kind action during the holidays that reflects the theme "We Before Me."

### 💡 Examples of Real-Life Kindness Acts:

- Watering plants in your society garden
- Feeding stray dogs, cats, or birds
- Helping your sibling with homework
- Helping your grandparents walk or giving them water
- Giving your seat to an elderly in need in public transport
- Picking up litter and throwing it in the bin
- Making handmade cards for workers (like security guards or maids)

### 👉 Guidelines:

- On an A4 sheet, write 2-3 lines about:
  - What you did?
  - How it helped someone?
  - How it made you feel?

### REFERENCE IMAGE:



# A DAY FOR DAD

## DAD'S LITTLE HELPER

Fathers are often the silent heroes of our families—working hard, solving problems, and making sure we are happy and safe. This Father's Day – 15th June,, let's learn to think beyond ourselves and do something special to appreciate all they do for us.

### Guidelines:

- Choose one task your father usually does at home (like watering plants, folding clothes, cleaning the car, or making tea).
- Do that task for him or with him, as a way of saying "thank you."
- On an A4 sheet, make a "We Before Me" Thank You Card for your father.
- Write a message showing how he puts the family first and add one drawing of what you did to help him.

### REFERENCE IMAGE:



## MOVE TO MINDFULNESS – YOGA IN ACTION

On International Yoga Day – 21st June, take action to improve your health and well-being!

- Practice 3–5 simple yoga poses (e.g. frog pose, butterfly pose, cow pose).
- Ask family members to join and turn it into a mini "Home Yoga Session."
- Click a photo of you doing yoga and share it with your class teacher.



Dear Parents,

People from various regions speak different languages, but what truly matters is speaking any language correctly. Among the many languages, Hindi and English are particularly important for our children to master. Since English is a universal language understood worldwide, it is essential for our children to become proficient in it. To achieve this, we kindly request your full support and cooperation. Please consider the following guidelines:

1. Encourage English Conversations: Speak with your child in English and foster a reading habit.
2. Read and Discuss: Read storybooks with your child, and after finishing, engage in a discussion about the story to develop understanding.

Our teachers are focusing on helping children use simple words, phrases, and sentences in daily communication, such as:

- May I go to play?
- May I borrow your pencil/eraser/sharpener?
- I have finished my work. Ma'am, may I go to the washroom?
- Ma'am, may I drink water?
- Ma'am, may I come in, please?
- Ma'am, may I wash my hands?
- Ma'am, may I sit in the front row as I can't see from the back?
- Ma'am, please repeat the concept; I'm unable to understand it.
- Ma'am, I have lost my shoes/blazer/tiffin box/water bottle, etc.
- Ma'am, I came late as I missed my bus.
- Ma'am, I'm sorry. I forgot to bring my book/ notebook/ pencil/ eraser/ drawing book, etc.
- Ma'am, I'm sorry I couldn't complete my homework as I was unwell.
- Ma'am, may I borrow a pencil/eraser/ruler, etc., from my partner as I've forgotten it today?
- I am sorry for the delay.

Children can be encouraged to use basic words and sentences in daily conversations at home. Here are some examples:

- Mummy, can I help you in the kitchen?
- Mummy, can I set the table today?
- Papa, can I help you wash the car?
- Mummy, can I bring you a glass of water?
- Mummy, may I have some more ice cream from the fridge?





- Papa, please teach me how to ride a bicycle.
- Mummy, should I chop the salad today?
- Mummy, I'll make a cup of tea for you. Where are the tea leaves?
- Didi, can you help me find my English notebook?
- Papa, can we go cycling today?

Additionally, encourage them to greet people properly:

- Hello Uncle / Aunty, how are you?
- Good Morning, Good Afternoon, Good Evening, and Good Night to parents and elders.

If we, as teachers and parents, make a consistent effort and pay attention to these simple yet important aspects, we can help our children learn, understand, and speak English more confidently at an early age.

Take advantage of the summer break and enjoy spending quality time with your children.

Best Wishes  
Children's Academy

