



CHILDREN' S ACADEMY

' TRUTH TRIUMPHS'
SESSION 2025-2026

Class VI



The time to cheer aloud,
The time when you can play,
On the beach with your loved ones,
And do what your heart say,
There is no one to see here,
There is nothing as such to see,

Only the sunlight passing the home.

And clear blue sky as can be

Summers are finally here,

**So have a good summer time,
As it' s the most amazing time**

Happy Summer Time !!!

HOLIDAY ASSIGNMENT

‘ The holiday season is a perfect time to reflect on blessings and take out ways to make life better for those around us’ .

The objective of holiday homework is to enable our children to work independently and improve their skills.

Here are a few suggestions for parents:-

- Make sure that you spend quality time with your wards.
- Giving them small responsibilities in household chores like watering plants, arranging the dining table, organising his/her cupboard, filling in of empty water bottles as this will aid them to be independent as well as helpful.
- Teach them the importance of ethics/ values in their life.
- Motivate them to read good books.
- Tell them about our great leaders, philosophers, Freedom fighters and induce a sense of pride in them. This creates a feeling of self-esteem and patriotism in them
- Encourage them to do one handwriting page each of English and Hindi daily.
- Keeping in view the heat, indulge yourself in various indoor Games with them.
Do take them to a park in the morning/ evening and help them to socialize and appreciate Nature.

Students should do their assignment on A4 /A3 size sheets or Scrap Book as instructed. You may also use handmade Eco friendly files for each assignment.

Make these holidays memorable for them by providing a nurtured and stimulated environment at home which is full of fun, excitement, and learning.

Wish you all fun filled, safe and healthy holidays ahead!

Theme: “ **Healthy Us for a Better Tomorrow**”

Sub-theme: “ **Small Steps, Big Impact – Towards a Sustainable & Healthy Life**”

Objective: To help students understand and adopt healthy habits for self and planet through fun and age-appropriate.

English (Language & Expression)

Objective: Enhance expression, comprehension, and creative thinking through health-related topics.

1. Group Discussion Script Writing

Topic: "Being healthy is more than just not falling sick."

Write a group discussion script with 4 participants, each sharing a different perspective:

1. Physical fitness
2. Mental well-being
3. Social health (family/friends)
4. Environmental impact on health

Length: 350– 400 words

Add a conclusion with what the group agreed on.

2. Creative Writing (Choose One)

Short Story: “ The Case of the Vanishing Vegetables”

Write a mystery where vegetables from your home kitchen keep disappearing—and it’s up to you and your friends to find out why.

OR

Diary Entry: Imagine you're on a 7-day “ No Screen Challenge” . Write a diary entry on Day 4 about what you're feeling on that day, what you're missing, and what you're discovering.

3. Slogan + Ad Campaign Poster:

Design a mock advertisement for a healthy snack or drink.

Include:

A catchy slogan (e.g., “ Crunch Clean, Munch Green!”)

A poster with visuals, benefits, ingredients

Target audience (kids, teens, or parents)

Hindi (हिंदी)

Objective: Develop creativity and awareness about the mother tongue.

1. अनुच्छेद लेखन (Paragraph Writing):

“ स्वस्थ रहने के लिए मेरी दिनचर्या” (My daily routine to stay healthy) – 80– 100 words.

2. चित्रकथा (Picture Story):

Draw and write a short 4-scene comic strip in Hindi about a child who learns the importance of exercise.

3. कविता लेखन (Poem Writing):

Write a 4-line poem on “ स्वस्थ जीवन – सुखी जीवन ” . Add a related drawing.

Mathematics

Objective: Apply basic math skills in real-life situations.

1. Data Collection & Graphing

Conduct a survey of 5– 7 family/friends on:

1. How many glasses of water they drink daily
2. How much time they spend on screen

Show results using a pictograph or bar graph.

2. Eco Budgeting Activity:

Prepare a daily meal budget using healthy items under ₹ 150/day. Show the weekly total and create a colourful table.

Science

Objective: Spark curiosity about health and the environment.

1. Simple Experiment:

Test Water Purity

Use 2 jars – one with clean water and one with dirty (muddy) water. Try to filter it using cloth/sand. Observe and write what you learn.

2. Health Chart:

Maintain a 7-day tracker of:

- Sleep hours
- Fruits/vegetables eaten

- Physical activity done

Make it colourful and write a short reflection at the end.

3. Reuse Model or Craft:

Make something useful (like a pen stand, basket, or toy) from waste like paper rolls, boxes, etc. Add a tag: “ I reused and helped the Earth!”

Social Science

Objective: Build awareness of good practices in community and environment.

1. Research & Scrapbook:

Title: “ Sustainable Heroes of India”

Choose any 2 people (e.g., Sunderlal Bahuguna, Sunita Narain) and write 5 lines on how they helped the environment. Add drawings or printed pictures.

2. Map Activity:

On a physical map of India, mark and colour:

1. 3 clean cities
2. 2 rivers known for pollution cleanup drives

3. “ My Eco-Promise” Card:

Make a colourful card where you write 5 eco-promises you will follow daily (e.g., using a cloth bag, switching off lights).

Sanskrit (संस्कृतम्)

Objective: Connect tradition with health and nature.

1. श्लोक लेखनः

Write 3 shlokas on nature/health with their Hindi meanings and memorize them.

2. चित्रवर्णनम्:

Draw a healthy thali (plate of food) and write 5 Sanskrit words labelling it (like फलम्, जलम्, इडली , पर्णम् etc.).

3. संवाद लेखन:

A short 4-line conversation between two students meeting for a morning walk.
(In Sanskrit + Hindi translation)

Computer Science

Objective: Learn to use technology creatively and responsibly.

1. Canva/PowerPoint Poster:

Topic: “ My 5 Golden Health Habits”
Make it colourful and informative.

2. Powerpoint Presentation :

Create a simple PowerPoint animation or Scratch story on “ My Day with Healthy Habits.”

Art Integration (All Subjects)

Use drawings, stickers, newspaper cutouts, and creative headings in all projects.
Encourage recycled materials wherever possible (e.g., scrap papers, old charts).

Submission Format:

- All work should be compiled neatly in a decorated folder/scrapbook.
- Mention Name, Class, Roll Number, Subject clearly on each page.

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